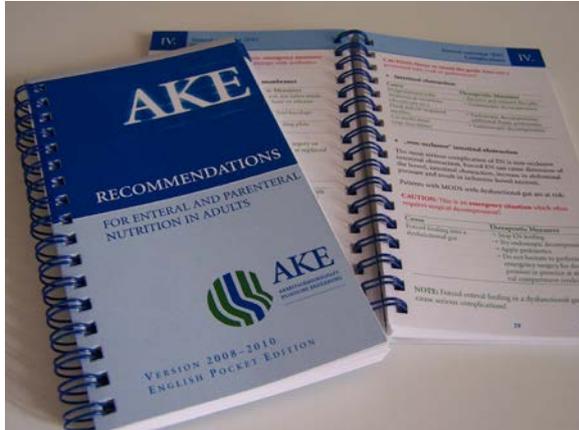


Druml W, Jadrna K

Recommendations for Enteral and Parenteral Nutrition in Adults

Austrian Society of Clinical Nutrition (AKE), 2. English edition/pocket version, Vienna 2008



The **Austrian Society of Clinical Nutrition (Arbeitsgemeinschaft für klinische Ernährung – AKE)** is pleased to present the new English version of the **„Recommendations for Enteral and Parenteral Nutrition in Adults“**. This text presents a completely revised version of the recommendations of the society which originally issued in 2000 in German language. It has also been published in several editions in various languages.

The original text had been elaborated in a series of consensus conferences involving a large group of experts. Our aim was to achieve as broad a consensus as possible by forming a large interdisciplinary and interprofessional

platform integrating physicians, pharmacists, dieticians and nutritional scientists.

This approach aims to present a text representative of modern practice of clinical nutrition. Whenever possible we have tried to define evidence-based recommendations. In many areas of clinical nutrition the level of evidence is rather limited and therefore many statements have the character of an expert opinion.

Despite the large group of experts in various fields involved in this publication, we explicitly tried to avoid reaching the „lowest common denominator“. From a clinical perspective, it was deemed that this would have yielded a text too general and irrelevant. Our aim was to generate a text which is useful at the bed side.

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